OPERATION

DISPLAY AND CROWN / BUTTON OPERATION

Minute hand

Hour hand

Button "A"
In stopwatch function
Start / Stop

Stopwatch minute hand
(Move in minute increments)

Crown at normal position

First position
Time setting

Second hand

Stopwatch second hand
(Move in second increments)

Button "B"
In stopwatch function
Split / Split release / Reset

24 hour hand
(Indicates the time on a 24 hour basis)
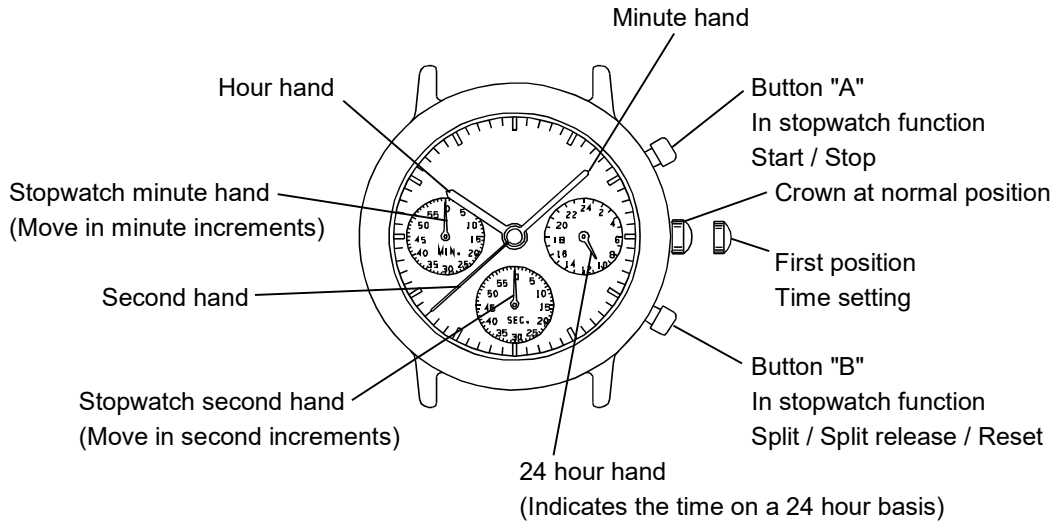
ADJUSTING THE STOPWATCH HAND POSITION

Before setting the time, check if the stopwatch second and minute hands are in the "0"(12 o'clock) position.
*If the stopwatch is in use, press the button in the following order to reset it, and then, check if the hands
 return to "0" position. (For details, see "HOW TO USE THE STOPWATCH")

* If the stopwatch is counting :   A → B
* If the stopwatch is stopped :   B
* If the split time is displayed :   B → A → B

If either of the stopwatch hands are not in the "0" position, reset them following the procedure below.

Stopwatch minute hand

A

B

Stopwatch secand hand
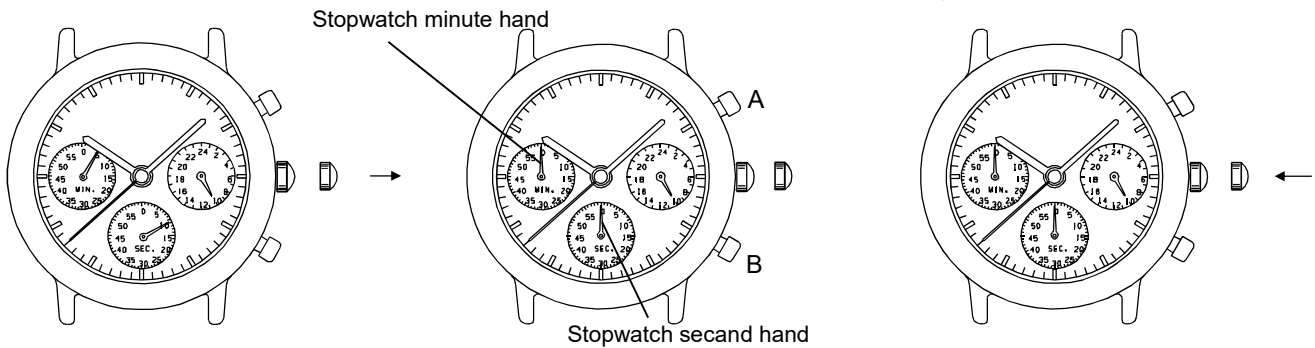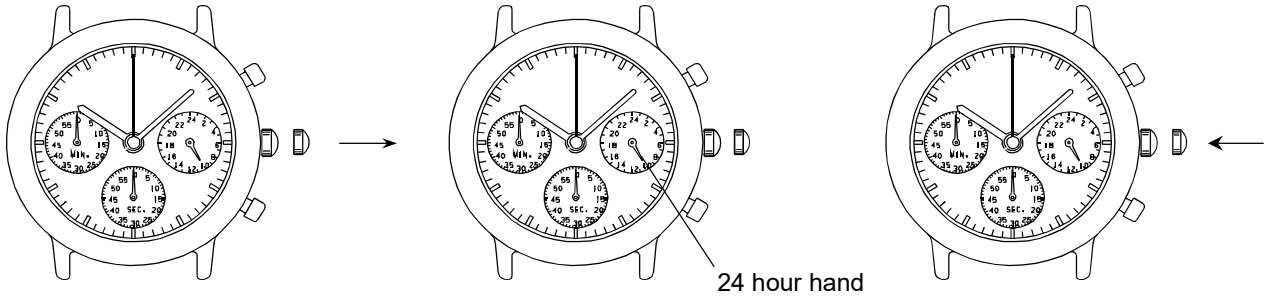
1.Pull out the crown.

2.Press button A or B to reset the
   stopwatch second and minute
   hands to "0" position.
  *By pressing button A the hands
   move counter clockwise.
  *By pressing button B the hands
   move clockwise.

3.Push the crown back to
   the normal position.

OPERATION

TIME SETTING

24 hour hand

1.Pull out the crown to
 the second hand is at
 the 12 o'clock position.
 The second hand will
 stop on the spot.

* Do not press any button.
 Otherwise, the chronograph
 hands will move.

2.Turn the crown to set the hour,
 minute and 24 hour hands to the
 desired time.
 As the hour hand moves, the
 24 hour hand also moves
 correspondingly.
 When setting the hour hand,
 check that the 24 hour hand
 is set property.

3.Push the crown back in to
 the normal position in accordance
 with a time signal.

HOW TO USE THE STOPWATCH

・The measurement time is indicated by the stopwatch hands that move independently of the center and 24 hour hands.
・The stopwatch can measure up to 60 minutes in second.
(The watch indicates the measured time in second increments by ignoring off the 1/10 seconds obtained.)

(Standard measurement)
Ex) 100m race (Press the buttons in the following order   A → A → B)

START	⟶	STOP (Finish)	⟶	RESET (Reset to "0'00")

Stopwatch minute hand

Stopwatch second hand   10 second
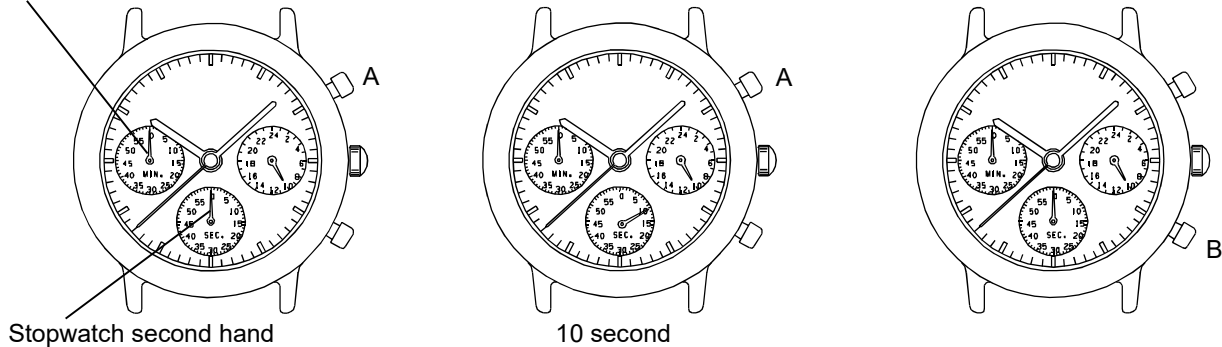
(Accumulated elapsed time measurement)
Ex) Basketball game (Press the buttons in the following order   A → A / A → A → B)

START (Start of game)	→	STOP (Time out)	/	RESTART (Restart of game)	→	STOP (Game over)	→	RESET

                5 minutes 10 seconds   20 minutes 00 seconds
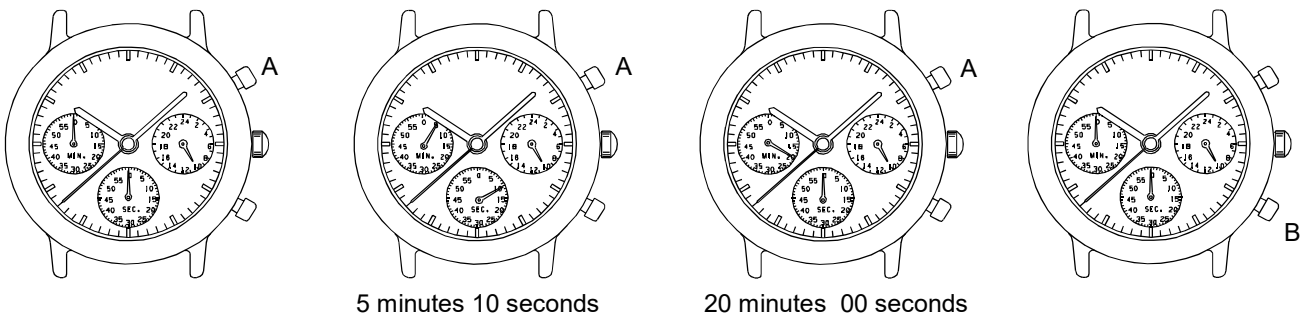
*Restart and stop of the stopwatch can be repeated as many times as necessary by pressing button A.

(Split time measurement)
Ex.) 5,000m race (Press the buttons in the following order   A → B / B → A → B)

START	→	SPLIT/ SPLIT RELEASE	→	STOP	→	RESET

                2 minutes 50 seconds   15 minutes 10 seconds
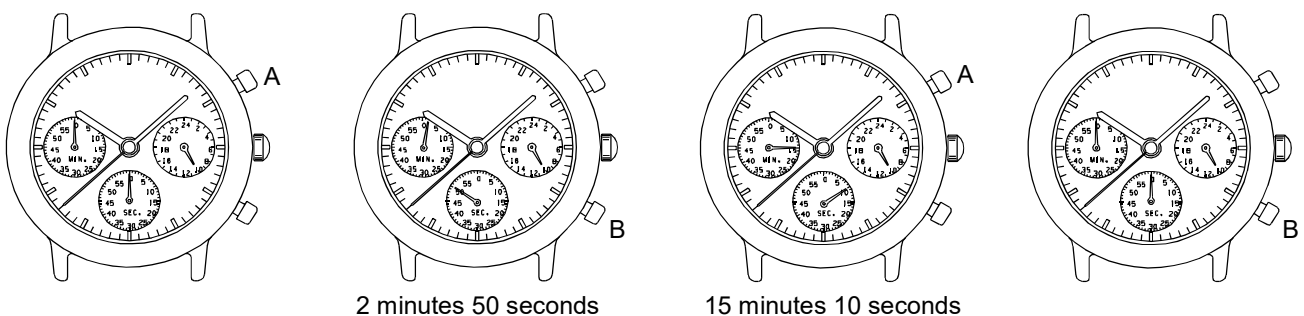
*Measurement and release of the split time can be repeated as many times as necessary by pressing button B.