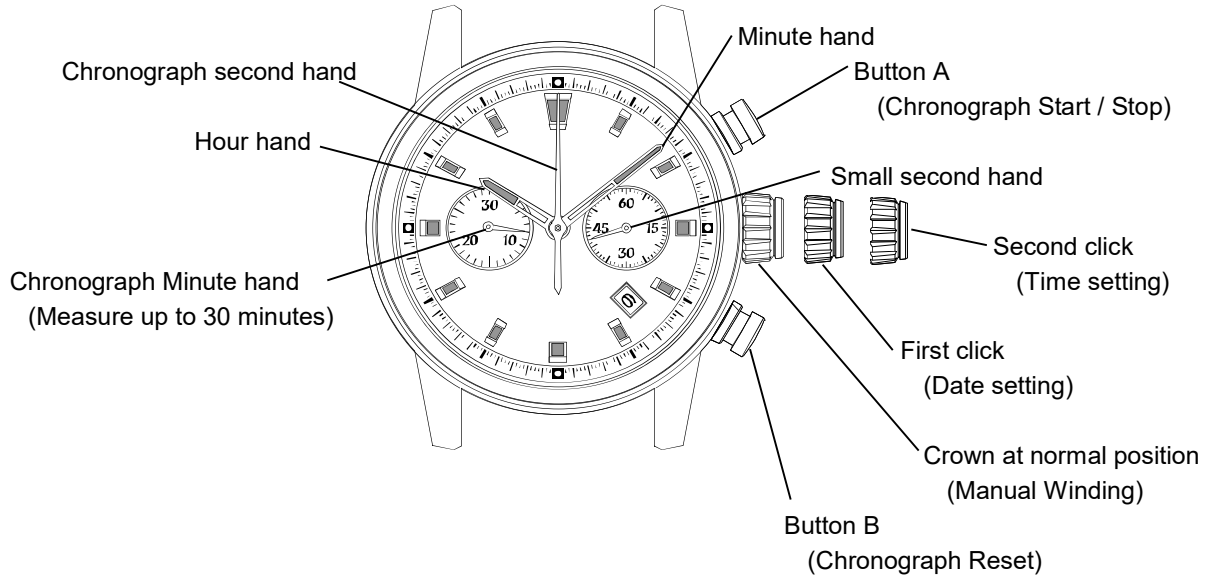


DISPLAY AND CROWN / BUTTON OPERATION



1. How to set the time

- 1) Pull out the crown to the second click position.
- 2) Turn the crown to set hour and minute hands.
(Check that AM / PM is set correctly.)
- 3) Push the crown back into the normal position.

Note

During time setting, if the chronograph is started, chronograph minute hands will rotate simultaneously. This is not a malfunction. Please reset chronograph by pushing button B. Chronograph hour and minute hands will return to their reset positions.

2. How to set the date

- 1) Pull out the crown to the first click position.
- 2) Turn the crown to left for date setting.
*Do not set the date between 8:00 P.M. and 2:00 A.M. as this will cause a malfunction.
- 3) Push the crown back into the normal position.

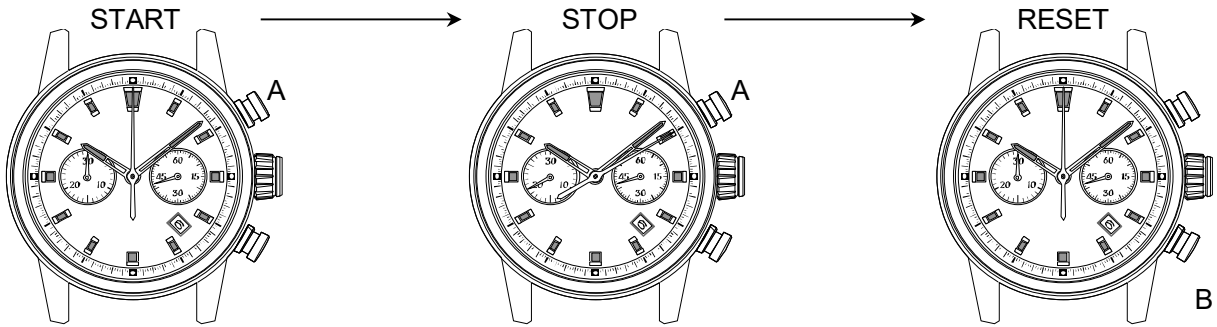
3. To wind up the mainspring

- a) Manual winding (Rotate the crown clockwise at normal position)
Fully wound up by turning the crown minimum 55 times. It will start to move naturally after shaking slightly.
- b) To wind up with winding machine.
Full wind up conditions (Reference information)
 - Rotary speed : 30 rpm
 - Operating time : 60 minutes

HOW TO USE THE CHRONOGRAPH

[Standard measurement]

Press the buttons in the following order : A → A → B



- Press button A to start chronograph.
Chronograph second hand will start moving.

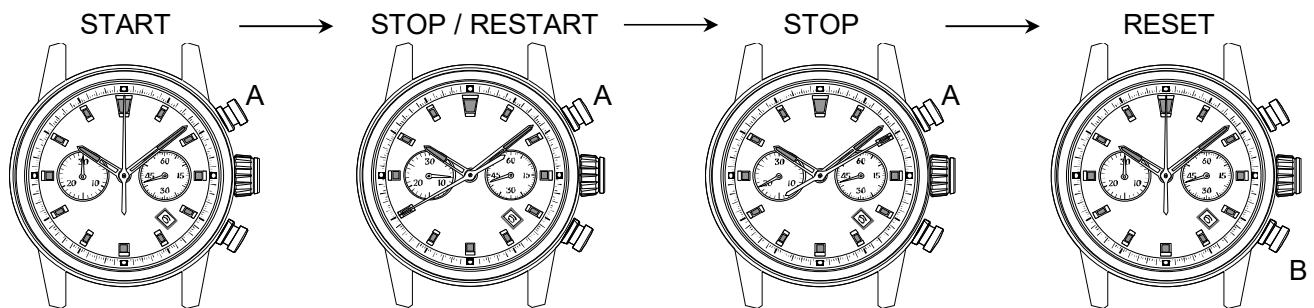
(20 minutes 10 seconds)

- Press button A again to stop chronograph.
Chronograph hands stop to indicate the elapsed time.

- Press button B to reset chronograph.
All chronograph hands will be reset to "0" position.

[Accumulated elapsed time measurement]

Press the buttons in the following order : A → A / A → A → B



(8 minutes 40 seconds) (20 minutes 10 seconds)

*Restart and stop of chronograph can be repeated as many times as necessary by pressing button A